

The Mid-Hudson Lactation Consortium

and

**The Westchester/Putnam/Rockland
Lactation Consortium**

Present

**F r o m B i r t h t o
B r e a s t f e e d i n g :
C h a n g i n g t h e C u l t u r e**

**T h e I m p a c t o f
I n t e r v e n t i o n s o n B i r t h
a n d B r e a s t f e e d i n g**

*Featuring Michel Odent, MD and
Linda Smith, BSE, FACCE, IBCLC*



April 17 and 18, 2007

Holiday Inn

Fishkill, New York

Maternal-Infant Services Network
200 Route 32, P.O. Box 548
Central Valley, NY 10917

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From Birth to Breastfeeding: Changing the Culture

Join the Mid-Hudson Lactation Consortium and the Westchester/Putnam/Rockland Lactation Consortium as we combine resources to present two days of educational opportunities about the impact of interventions on birth and breastfeeding. Michel Odent, MD, and Linda Smith, BSE, FACCE, IBCLC, will headline an impressive group of professionals who will share their knowledge and expertise on childbirth and breastfeeding.

There will be something for everyone, whether new to the field or a seasoned veteran. Our speakers will enlighten you on topics as diverse as homebirth, legal and ethical issues, tongue-tied newborns, adoptive nursing, and medications and breastfeeding. Our experts are sure to expand your knowledge on the many topics they will present.

The conference is open to all who have a desire to learn more about childbirth, breastfeeding, and the impact of interventions on these normal, life-giving events. This includes educators, healthcare professionals, and you.

Exhibitors and vendors will be available, presenting information and goods of importance to you and your work.

Don't miss this opportunity to participate in what promises to be an enriching and professionally stimulating conference, right here in the beautiful Hudson Valley. We hope to see you there!

Sincerely,

The Conference Planning Committee of the Mid-Hudson Lactation Consortium and the Westchester/Putnam/Rockland Lactation Consortium:

Stephanie Sosnowski, ICCE, Conference Co-Chair
Maternal-Infant Services Network of Orange, Sullivan, and Ulster Counties, Inc.
 Virginia C. Moore, RN, IBCLC, RLC, Conference Co-Chair
Phelps Memorial Hospital Center
 Deborah Cardish, RN, CNS, MCH, IBCLC
St. Luke's- Cornwall Hospital
 Diana Cassar-Uhl, LLLL
La Leche League of Highland Falls
 Margot De Sevo, PhD, RNC, IBCLC, LCCE
The College of New Rochelle School of Nursing
 René Fisher, BA, IBCLC, RLC, LLLL
Hollister, Inc.
 Lee Galasso, MS, LLLL, IBCLC, RLC
Lactation Center of Westchester/Putnam
 JoAnn Gould, RNC, BSN, IBCLC
Phelps Memorial Hospital Center
 Linda LeMon, RN, IBCLC, LCCE
Hudson Valley Hospital Center
 Ellen Bane Mahony, RN, MS, LCCE, IBCLC
Orange Regional Medical Center; Blissful Beginnings
 Mary Nettles, RN, BS, IBCLC
Northern Dutchess Hospital
 Marla Peers, BA, LCCE, FACCE
Westchester Lamaze
 Rhonda Valdes-Greene, RNC, BSN, IBCLC
Westchester Medical Center

From Birth to Breastfeeding: Changing the Culture

April 17 and 18, 2007

Holiday Inn, Fishkill, NY

Registration Form (PRINT clearly)

Name _____

Title _____

Agency _____

Address _____

_____ Zip _____

Daytime Phone # _____

E-mail Address: _____

Every effort will be made to arrange for your 1st choice. Please indicate a 2nd choice also.

Session Selections (please insert letter)		
TUESDAY	First Choice	Second Choice
BREAKOUT I		
BREAKOUT II		
WEDNESDAY	First Choice	Second Choice
BREAKOUT I		
BREAKOUT II		

Please indicate your registration option:

- ☆ 2-day Early Bird \$180 (before February 28)
- ☆ 2-day Regular Registration \$210
- ☆ 1-day Regular Registration \$120 Tuesday or Wednesday

Send your check (payable to W/P/R LC) and this form to
 Virginia Moore; 486 Benedict Ave., Tarrytown, NY 10591
 before March 30, 2007.

Registration Form

Please send your completed registration form (on facing page) and check, payable to **W/P/R Lactation Consortium**, to:

Virginia Moore, President
W/P/R Lactation Consortium
486 Benedict Ave.
Tarrytown, NY 10591

Please calculate your fees carefully. You will be notified by e-mail if there is an incomplete or partial payment. **Your registration will not be processed and session topics will not be assigned until full payment is received.**

If your check is returned for insufficient funds, you must pay the full amount, plus a \$20 processing fee, by certified or cashier's check to complete registration.

Confirmation of your registration will be sent by e-mail only. Please indicate your e-mail address on the registration form.

There will be no on-site registrations.

Refund Policy

A WRITTEN REQUEST must be postmarked or e-mailed by **March 30, 2007** for a refund minus a \$15.00 processing fee. After this date, no refunds will be given. Contributions will not be refunded. Please send refund requests IN WRITING to Virginia Moore at the above address. Refunds will be processed after the conference.

Registration is transferable for this year's conference; you may send someone else in your place if you are unable to attend.

Need Extra Registration Brochures?

Please feel free to copy and share this entire brochure, or contact Stephanie Sosnowski at ssosnowski@misn-ny.org for additional registration brochures.

For your comfort, bring a jacket or sweater as room temperatures may vary. Quiet infants in mothers' arms are welcome. Due to the professional nature of this conference, restless infants should be cared for outside of the session rooms. Keep in mind that even "happy baby noises" can be distracting to those seeking this educational opportunity.

CONFERENCE AT A GLANCE

TUESDAY, APRIL 17, 2007

7:30 am—8:15 am	Continental Breakfast, Registration and Exhibits Open
8:15 am—8:30 am	Introductions and Welcome
8:30 am—10:00 am	Dr. Michel Odent: Breastfeeding in the Age of the Safe Cesarean
10:00 am—10:30 am	Break — Exhibits and Vendors Open
10:30 am—12:00 pm	Dr. Michel Odent: The Colostrum Revolution
12:00 pm—1:00 pm	Lunch
1:00 pm—2:15 pm	Breakout sessions
2:15 pm—2:45 pm	Break — Exhibits and Vendors Open
2:45 pm—4:00 pm	Breakout sessions <i>*Dinner on your own*</i>

WEDNESDAY, APRIL 18, 2007

7:30 am—8:15 am	Continental Breakfast, Registration and Exhibits Open
8:15 am—8:30 am	Introductions and Welcome
8:30 am—10:00 am	Linda Smith: Impact of Birth Practices on Mothers' Willingness and Ability to Breastfeed
10:00 am—10:30 am	Break — Exhibits and Vendors Open
10:30 am—12:00 pm	Linda Smith: Impact of Birth Practices on Infants' Ability to Feed Normally
12:00 pm—1:00 pm	Lunch
1:00 pm—2:15 pm	Breakout sessions
2:15 pm—2:45 pm	Break — Exhibits and Vendors Open
2:45 pm—4:00 pm	Breakout sessions
4:00 pm	Evaluations, Certificates Awarded, Conference Adjourns

Mid-Hudson Lactation Consortium

and

Westchester/Putnam/Rockland Lactation Consortium

are voluntary groups of health professionals and breastfeeding support personnel who exist to protect, promote, and support breastfeeding in this area of New York State. Their members encourage breastfeeding for its health, nutrition, and psychosocial benefits as well as its positive economic impact on the family and healthcare system. The Mid-Hudson Lactation Consortium is coordinated through Maternal-Infant Services Network (MISN) of Orange, Sullivan, and Ulster Counties, Inc. The MHLC and W/P/R LC wish to thank MISN for its contributions to this conference.

*All exhibitors, vendors, and financial contributors to this conference must comply with the **World Health Organization's Code on the Marketing of Breast-milk Substitutes**. No conference funding is accepted from the makers of breast-milk substitutes.*

More information on this code can be found at:

<http://www.ibfan.org/english/resource/who/fullcode.html>

Conference Objectives

This continuing nursing education program has been submitted to the New York State Nurses' Association, which is an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

An approval application has been submitted to the International Board of Lactation Consultant Examiners for 11.0 CERP's.

Contingent upon which sessions participants choose to attend, upon completion of this program, participants will be able to:

- Explain well-documented connections between birth physiology and lactation physiology, particularly in the systems of endorphins and oxytocin
- Describe the importance of colostrum and explain cultural obstacles to its delivery to a newborn
- Compare human milk to milk of other mammals
- Understand the risks vs. benefits of human milk in consideration of pollution
- Discuss normal infant and maternal physiology relating to breastfeeding
- Discuss protocols for adoptive nursing, including drugs used to bring in a milk supply
- Assess for flat/inverted nipples
- Describe the use of a syringe/everter for resolving flat/inverted nipples
- Identify appropriate treatment strategies when maternal issues cause low milk production/supply
- Identify appropriate treatment strategies when infant issues cause low milk production/supply
- Describe how tongue-tie decreases the depth of latch, and how this further destabilizes sucking
- Write a care plan for breastfeeding an infant with tongue-tie who is failing to gain weight
- List factors that may affect drug transfer into breastmilk
- Describe the effect of selected medications on milk supply
- Understand the midwifery management of early breastfeeding, including what the expected management will be for the first week
- Describe 5 scenarios in which ethical issues may arise when dealing with a mother and breastfeeding baby
- Discuss techniques for managing court appearances in cases dealing with breastfeeding mothers
- Describe the impact of birth practices (interventions, cultural expectations) on a mother's willingness and ability to breastfeed
- Describe the impact of birth practices on a baby's ability to breastfeed
- Discuss long-term effects on mothers and babies, post-traumatic stress responses in both mother and infant, relationship to violent behavior, and other psychological sequelae of birth events
- Describe the Baby-Friendly Hospital Initiative, and the role of policy development in changing practices across the continuum of birth and breastfeeding
- Describe the scope of lactation support in a variety of settings
- Describe 3 common breastfeeding obstacles and how to resolve them

About the Mid-Hudson Lactation Consortium and the Westchester/Putnam/Rockland Lactation Consortium

The Mid-Hudson Lactation Consortium was organized in 1992, bringing together lactation consultants, La Leche League Leaders, nurses, physicians, community health workers, dietitians, and other breastfeeding advocates to work on a variety of projects that have included:

- Annual professional conferences since 1993
- Breastfeeding videos to all public libraries
- "Rock and Rest" tents for families attending the Ulster and Dutchess Counties' Fairs
- Community breastfeeding resource directories and educational materials
- Electric breastpumps to eligible families (with Maternal-Infant Services Network)
- Breastfeeding education to community groups
- Hospital-based educational programming
- Local sponsorship of the New York State Lactation Institute's Physician Breastfeeding Videoteleconferences
- Gift bags for new mothers at several hospitals during World Breastfeeding Week

The Westchester/Putnam/Rockland Lactation Consortium has been working to help breastfeeding mothers since 1990 by increasing awareness of breastfeeding's many benefits as well as educating lactation and medical professionals. An updated Resource Directory gives breastfeeding mothers access to the many available lactation consultants and resources available in the tri-county area, as well as in the Bronx. Each year, the Consortium, in honor of World Breastfeeding Week, provides pediatricians, hospital lactation coordinators and staff, and WIC offices much-needed resources to encourage and assist the promotion of breastfeeding. Through several annual educational programs, the Consortium also works to enrich local professionals' knowledge base. The dedicated volunteer staff works to advocate, promote, and protect a woman's right to breastfeed and her child's inalienable right to the best nutrition and protection available.

Registration Information

Important Dates and Deadlines

Early Bird Registration: February 28, 2007

Special Hotel Rate: (see below) March 31, 2007

There will be NO on-site registration for the conference.

Conference registrations are transferable for this year's conference. If you cannot attend after you register, you may send someone else in your place. Space is limited; register early to ensure your participation.

Conference Fees

Two-Day — includes two-day registration, continental breakfast both days, 2 daily breaks, lunch Tuesday and Wednesday, conference syllabus and program booklet, all continuing education certificates

Early bird (before February 28): \$180

Regular registration (before March 30): \$210

One-Day — (Tuesday OR Wednesday): includes registration, breakfast, 2 breaks, & lunch **on one day only** (please indicate which day on your registration form), conference syllabus and program booklet, continuing education certificates for one day only

\$120 (before March 30 — no Early Bird discount)

Hotel Accommodation Information

Special Hotel Rate: A special room rate of \$89/night has been arranged at the Holiday Inn. Call (845) 896-6921 to make your reservation, and mention "MHLC/WPRLC Conference" to receive this rate. To guarantee room availability and this reduced rate, reserve your room before March 31, 2007.

The **Holiday Inn Fishkill** is a full service Hotel and Conference Center located at Exit 13 off I-84 in Fishkill, NY, mid-way between Albany and NYC, in the heart of the historic Hudson Valley. All 157 guest rooms have A/C, coffee makers, hair dryers, iron & ironing boards, and in-room safes. Complimentary passes to All Sport Health and Racquet Club are provided upon request.

Room reservations must be made by March 31, 2007 to obtain the \$89 per night rate.

Directions to the Holiday Inn Fishkill:

Take exit 17 off the New York State Thruway to I-84 East. Exit I-84 at exit 13, turn left. Hotel is 100 yards ahead on right.

Lunches will be served buffet-style. Additional restaurant options are available in the hotel or a short distance from the Holiday Inn.

Vendors and Exhibitors

Exhibitors

Businesses and individuals with goods and services of interest to conference attendees are invited to exhibit at the conference. For exhibitor information, please contact Marla Peers at 914-347-4602/ m.peers2@verizon.net or Mary Nettles at 845-871-3365.

The deadline for securing a table is March 15, 2007.

Personal or Business Advertisements

For information about placing advertisements in the Conference Program Booklet, please contact Marla Peers at 914-347-4602/ m.peers2@verizon.net, or Mary Nettles at 845-871-3365.

The deadline for ad copy is March 15, 2007.

Contributions and Sponsors

You do not have to register for the conference to make a contribution. All financial gifts are greatly appreciated, and if your donation is postmarked by **March 15, 2007**, we will be able to acknowledge your generosity in the Conference Program Booklet.

Send all Conference Registration Materials and payments (including Vendors/Exhibitors) to:

Virginia Moore, President
W/P/R Lactation Consortium, Inc.
486 Benedict Ave.
Tarrytown, NY 10591

For other conference information, please contact Stephanie Sosnowski at (845) 928-7448 ext. 15 or by e-mail: ssosnowski@misn-ny.org

About Our Conference Speakers

Dr. Michel Odent, author of 12 books published in 21 languages, including The Scientification of Love, The Farmer and the Obstetrician, and The Caesarean, was originally educated in Paris in the 1950s as a surgeon. He served in the French army, practicing war surgery and civilian emergency surgery. It is via the cesarean section that he developed his interest in birth physiology and became an obstetrician. Between 1962 and 1982 he was in charge of both the surgical unit and maternity units of the state general hospital in Pithiviers, France, focusing only on the maternity unit from 1982-1990. He is familiarly known as the obstetrician who, in the 1970s, introduced birthing pools and home-like birthing rooms to hospital settings. After his hospital career he founded the Primal Health Research Centre in London. Its objective is to study the long-term consequences of early experiences (see www.birthworks.org/primalhealth). He recently developed a program for mothers prior to conception, the "accordion method," which aims to minimize the effects of intrauterine and milk pollution by synthetic fat-soluble chemicals such as dioxins, PCBs, etc (see www.wombecology.com).

Linda Smith, BSE, FACCE, IBCLC, is a lactation consultant, childbirth educator, author, and internationally known consultant on breastfeeding and birthing issues. As a former La Leche League Leader and Lamaze-Certified Childbirth Educator, she provided education and support to diverse families over 32 years in 9 cities in the USA and Canada. Linda has worked in a 3-hospital system in Texas, a public health agency in Virginia, and served as Breastfeeding Coordinator for the Ohio Department of Health. Linda is a founder of IBLCE, founder and past board member of ILCA, and serves on the United States Breastfeeding Committee representing the Coalition for Improving Maternity Services (CIMS). She owns the Bright Future Lactation Resource Center, whose mission is "Supporting the People Who Support Breastfeeding" with lactation education programs, consulting services, and educational resources. BFLRC is on the Internet at www.BFLRC.com.

Diana West, BA, IBCLC, is a lactation consultant in private practice. She is the author of Defining Your Own Success: Breastfeeding After Breast Reduction Surgery; Making More Milk: A Nursing Mother's Guide to Milk Supply; and The La Leche League Lactation Consultant Unit on Breastfeeding After Breast Surgery. She mothers her three breastfed sons in partnership with her husband Brad in their home in New Jersey.

Liz Brooks, JD, IBCLC, has been a lactation consultant in private practice since 1999, and a lawyer since 1983, with expertise in ethics, lobbying, administrative and criminal law. She uses plain language to explain laws affecting lactation support personnel, putting complex issues into perspective and offering pragmatic tips so the lactation consultant can work ethically and legally. She is on the Board of Directors (Secretary) of the International Lactation Consultant Association (ILCA), and is a frequent conference speaker and author on legal and ethics issues.

WEDNESDAY, APRIL 18, continued

1:00—2:15, continued:

Session C

Liz Brooks, JD, IBCLC

Staying Above the Law: Legal Issues for the Healthcare Provider Helping a Breastfeeding Mother

Learn about formal and informal legal authorities over a healthcare provider; ethical and legal considerations when helping a breastfeeding mother; and how to prepare for court appearances in cases involving breastfeeding mothers.

Session D

Susan Rannestad, BS, CPM

Free to Breastfeed: Homebirth and The Midwifery Model of Breastfeeding

What happens when midwives develop a protocol for breastfeeding and then have the freedom to use it? After thirteen years of attending Lactation Consortia conferences, midwives implement techniques and skills to create a paradigm that works.

2:15 — 2:45

break

2:45 — 4:00 Breakout II (choose one):

Session A

Linda Smith, BSE, FACCE, IBCLC

Baby-Friendly, Mother-Friendly: Implementing Evidence-Based Maternity Practices via Policies Including The Baby-Friendly Hospital Initiative

Become familiar with the 2006 Expanded and Integrated Baby-Friendly Hospital Initiative with its Mother-Friendly Module; the Mother-Friendly Childbirth Initiative, and the role of policy development in changing practices across the continuum of birth and breastfeeding.

Session B

Dr. Elizabeth Coryllos

*Tongue-Tie Revisited will be offered again at this time.

Session C

Liz Brooks, JD, IBCLC

Staying Above the Law will be offered again at this time.

Session D

Gabrielle Wright, CNM, BSN, IBCLC, RLC, LLLL

Medications and Mothers' Milk

Discuss the effects of common drugs on breastmilk, milk supply, and the nursing couple; helping mothers dialogue with healthcare providers about these effects and ways to minimize the infant's exposure.

Be sure to submit your conference evaluation and get your continuing education certificate before you leave today.

WEDNESDAY, APRIL 18

8:15 — 8:30

Welcome and Introductions

8:30 — 10:00

Linda Smith, BSE, FACCE, IBCLC

Impact of Birth Practices on the Mother's Willingness and Ability to Breastfeed

Symbolism of common practices; maternal risks of birth medications and procedures; birth stress on mother and baby; initiation and maintenance of milk secretion; management of early breast problems; new research on milk storage capacity and impact on lactation maintenance.

10:00 — 10:30

break

10:30 — 12:00

Linda Smith, BSE, FACCE, IBCLC

Impact of Birth Practices on the Infant's Ability to Feed Normally

Infant oral structures including internal and external muscle groups; 6 cranial nerves that affect suck; suck-swallow-breathe cycle; effects of birth medications and procedures, especially epidural anesthesia, induction of labor, and operative deliveries; short- and long-term consequences of birth practices.

12:00 — 1:00

lunch

1:00 — 2:15 **Breakout I (choose one):**

Session A

Linda Smith, BSE, FACCE, IBCLC

Actions and Attitudes: Long-term Consequences of Birth and Breastfeeding Practices

Discuss long-term effects on mothers and babies, post-traumatic stress responses in both mother and infant, relationship to violent behavior, and other psychological sequelae of birth events.

Session B

Dr. Elizabeth Coryllos, IBCLC

Tongue-Tie Revisited: The Impact of Ankyloglossia on Breastfeeding and Mother's Emotional Stability

Explore how tongue-tie affects infant sucking, the ways this endangers breastfeeding, and how babies attempt to compensate. Techniques to improve breastfeeding success, including protecting the milk supply and frenotomy referral, are covered in this multimedia presentation.

Dr. Elizabeth Coryllos graduated from Cornell Medical School in 1953 and completed her surgical residencies at Bellevue Hospital in NYC and the Hospital for Sick Children in Toronto. During her career as a pediatric surgeon, she has presented hundreds of papers, lectures, and in-services, has held positions as Director of Surgery, and has been an active member of the Academy of Breastfeeding Medicine and the American Academy of Pediatrics Section on Breastfeeding. She has been an IBCLC since 2001. She co-authored, with Catherine Watson Genna, "Congenital Tongue-Tie and Its Impact on Breastfeeding" for the American Academy of Pediatrics Breastfeeding Newsletter. Dr. Coryllos is committed to educating other physicians in the assessment, evaluation, and treatment of tongue-tie.

Gabrielle Wright, CNM, BSN, IBCLC, RLC, LLLL, is a midwife in practice at Our Lady of Mercy Medical Center in Bronx, NY. She was the former Professional Liaison Leader for La Leche League of New York-East.

Julie Bouchet-Horwitz, NP, IBCLC, is a nurse practitioner and breastfeeding specialist. She has worked with mothers and babies since 1987 and has helped thousands of mothers successfully breastfeed. Julie has worked in the hospital setting with well babies and new mothers, in the Neonatal Intensive Care Unit with sick and premature infants, and in the community. She provides office and home visits, and lectures and writes on breastfeeding topics.

René Fisher, BA, IBCLC, RLC, LLLL, has been helping mothers breastfeed as a La Leche League Leader since 1992. She has served in the Professional Liaison Department for La Leche League of New York-East since 2000. An IBCLC since 1998, René worked in private practice and in the hospital setting. She began working for Hollister/Ameda in 2006 as the Sales Representative for New York, and is the mother of three breastfed children, ages 17, 15, and 13.

Diana Cassar-Uhl, LLLL, has been a La Leche League Leader since 2005. In addition to her volunteer work supporting mothers and babies, she has written articles and presented conference sessions on the unique situation of supporting breastfeeding mothers who work outside the home, with a special eye to mothers on active duty in the military. An active duty soldier herself, Diana has served as a clarinet player in the United States Military Academy Band, West Point, since 1995. She is a proud mother to Anna, age 4, and Simon, age 2.

Susan Rannestad, BS, CPM, has been a homebirth midwife in the Hudson Valley for over 17 years, and an advocate for mother-baby health for over 25 years. A former International Cesarean Awareness Network leader and La Leche League Leader, she has three children (ages 24, 19, and 17), all breastfed until self-weaned.

TUESDAY, APRIL 17

8:15 — 8:30

Welcome and Introductions

8:30 — 10:00

Dr. Michel Odent

Breastfeeding in the Age of the Safe Cesarean

At a time when the cesarean section is safer than ever, it is worth looking at the connections between birth physiology and lactation physiology. This will help us understand why there is a discrepancy between intended breastfeeding duration and actual duration; it lets us formulate a diversity of practical questions.

10:00 — 10:30

break

Contact Marla Peers at 914-347-4602 or Mary Nettles at 845-871-3365 for information and pricing for sponsorship of breaks and meals at this event.

10:30 — 12:00

Dr. Michel Odent

The Colostrum Revolution

Many cultures disturb and delay the initiation of lactation via rituals and beliefs. Early cord cutting and the notion that colostrum is “harmful” are examples of how cultures routinely interfere with physiological processes in the neonatal period. Today, we know that the newborn baby is able to find the breast during the hour following birth and, according to modern scientific data, colostrum is a precious substance. “The colostrum revolution” inspires new questions.

12:00 — 1:00

lunch

1:00 — 2:15 Breakout I (choose one):

Session A

Dr. Michel Odent

The Specificity of Human Milk

What makes human milk special when compared to the milk of other mammals, particularly other primates?

Session B

René Fisher, BA, IBCLC, RLC, LLLL

Breastfeeding 101 — The Rationale Behind Technique

Discuss the basic physiology of breastfeeding; how infant and maternal physiology affect breastfeeding. The “why” of what we tell mothers about milk supply, positioning, and basic breastfeeding management.

TUESDAY, APRIL 17, continued

1:00—2:15, continued

Session C

Julie Bouchet-Horwitz, NP, IBCLC

Adoptive Nursing

Adoptive nursing protocols, inducing lactation, and supporting the mother who wants to get a full milk supply. Review of new guidelines for adoptive nursing.

Session D

Diana West, BA, IBCLC

Making More Milk — Targeting Treatment to Maternal Cause

Discussion of maternal causes of low milk supply and treatment strategies that result in better breastfeeding outcomes.

2:15 — 2:45

break

2:45 — 4:00 Breakout II (choose one)

Session A

Dr. Michel Odent

The Pollution of Human Milk

The pollution of human milk is well-documented. Do the advantages of human milk outweigh the theoretical risks associated with milk pollution?

Session B

Diana Cassar-Uhl, LLLL

Case Studies for the Entry-Level Lactation Support Worker

Discuss real-life situations you may encounter whether you work in a hospital, clinic, or are a trained peer counselor. Learn when and why to refer to another professional for additional guidance.

Session C

Julie Bouchet-Horwitz, NP, IBCLC

New Strategies for Resolving Inverted Nipples

Learn to assist mothers with flat or inverted nipples to breastfeed and preserve their milk supply. Tools such as a syringe/everter and nipple shields will be discussed as they pertain to the mother with flat or inverted nipples.

Session D

Diana West, BA, IBCLC

Making More Milk — Targeting Treatment to Infant Cause

Discussion of infant causes of low milk supply and treatment strategies that result in better breastfeeding outcomes.

Dinner will be on your own.